



The Syro Malankara Catholic Major Archiepiscopal Church – UAE

MALANKARA CATHOLIC TEACHERS FORUM (MCTF)

DEPARTMENT OF CATECHISM



THE LIFE STORY OF — SAINT — MARIAM THRESIA

Founder of the Congregation of the Holy Family



5

A Walk With The Saints

1 BIRTH — 1876



You are a gift from God, my little Thresia.

On 26 April 1876, Mariam Thresia was born in Puthenchira, Thrissur, Kerala

2 A CHILD OF FAITH



Mother Mary, help me to love Jesus always.

From her childhood, Thresia was deeply prayerful, simple and compassionate.

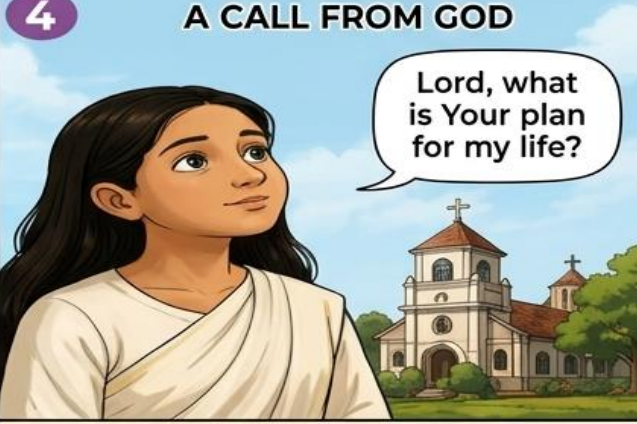
3 EARLY RESPONSIBILITIES



I will do my duties well and make my family proud.

She was hard-working and helped her family with love and dedication.

4 A CALL FROM GOD



Lord, what is Your plan for my life?

Thresia felt a strong call to serve God and His people as a religious sister.

5 JOINING THE CONGREGATION



Are you ready to give your life to God and the poor?

Yes, Father. I am ready.

She first joined the Congregation of the Franciscan Clarists in 1903

6 RELIGIOUS PROFESSION — 1903



Jesus, I belong to You forever.

On 1903, she made her religious profession and was given the name Sister Mary Thresia.

7 A TEACHER WITH LOVE

My children, education helps us to know God and serve others.

She began her mission as a teacher, forming young minds with faith and values.

8 BURDENED BY POVERTY

So many are poor and without education. We must do more.

She was deeply moved by the poverty and ignorance of women and children.

9 FOUNDING A CONGREGATION

Let us begin a new Congregation to serve the poor

May 14, 1914, she founded the Congregation of the Holy Family.

10 A MOTHER TO HER SISTERS

My dear sisters, let us live in love, simplicity and obedience.

She was a wise and loving leader who guided her sisters like a true mother.

11 SERVING THE UNTOUCHED

You are precious in God's eyes. We are here for you.

She reached out to the marginalized, the untouchables and the abandoned.

12 EDUCATION FOR EMPOWERMENT

When women are educated, families and society grow.

She believed that educating girls and women would bring light to families and society.

13 GIFT OF PROPHECY

What will happen is known to God. Be faithful and do His will.

God granted her the gift of prophecy. She spoke about future events and guided people to trust in God's plans.

14 HEALING TOUCH

Lord, You heal. I am only Your instrument.

Many who were ill were healed through her prayers and touch. She always gave credit to God alone.

15 AURA OF LIGHT

Those around her often saw a heavenly radiance surrounding her, especially during prayer.

16 SWEET ODOR

A sweet and heavenly fragrance would spread around her, a sign of God's special presence.

17 ECSTASIES AND LEVITATIONS

She experienced frequent ecstasies and levitations during prayer, completely absorbed in God.

18 LIFTED LIKE A CRUCIFIX ON FRIDAYS

On Fridays, people would gather to witness St. Mariam Theresia lifted high and hanging in the form of a crucifix on her bedroom wall.

19 TRIALS AND SUFFERINGS



Lord, give me strength. I trust in Your will alone.

She faced many difficulties, misunderstandings and financial struggles.

20 UNSHAKEN TRUST IN GOD



My hope is in Jesus. He will never abandon us.

Her deep prayer life and trust in Divine Providence never wavered.

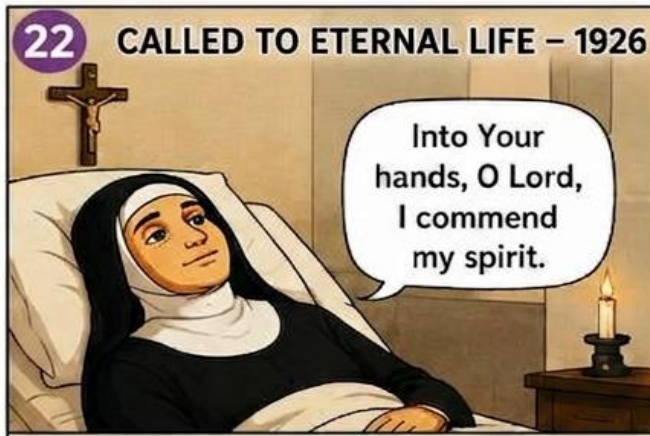
21 A LIFE OF CONTINUOUS SERVICE



As long as I live, I will serve God in His little ones.

Even in old age and ill health, she continued to care for her sisters and the poor.

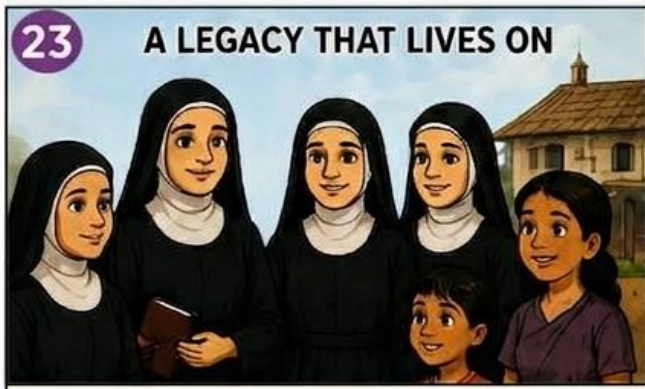
22 CALLED TO ETERNAL LIFE – 1926



Into Your hands, O Lord, I commend my spirit.

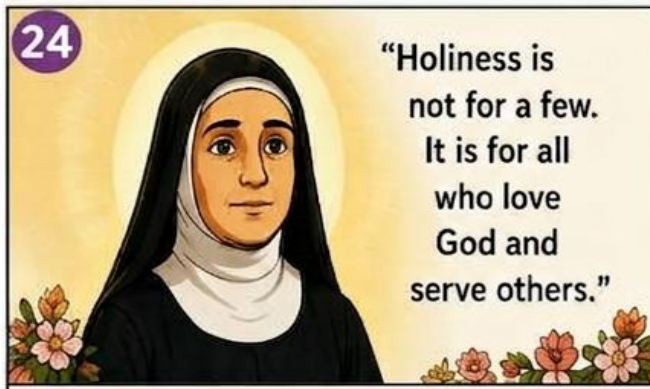
She died on 8 June 1926 following a leg wound . Her final words were: "Jesus, Mary and Joseph; I give you my heart and my soul"

23 A LEGACY THAT LIVES ON



Even after her death her legacy continues and inspires many.

24



"Holiness is not for a few. It is for all who love God and serve others."

St. Mariam Thresia Chiramel Mankidiyan was canonized on October 13, 2019 by Pope Francis.

Saints of the Month - June

Series No:1

St.Mariam Thresia Chiramel



*"God will
give
Eternal life
to those who
convert sinners
and
bring them
to the
right path"*

By
MCTF UAE- 2026

Book
No: 5

