

**THE MALANKARA SYRIAN CATHOLIC CHURCH
DEPARTMENT OF CATECHISM
MAJOR ARCHDIOCESE OF TRIVANDRUM**



WORKBOOK

CLASS : 4

GLORY TO THE MERCIFUL GOD

Name :

Parish :

INTRODUCTION

“Teach me Lord, the way of your decrees, that I may follow it to the end. Give me understanding, so that I may keep your law and obey it with all my heart”
(Psalms 119:33-34)

It is the need of the time to learn and understand the true belief. The aim of this work book is to learn and understand all the lessons in the textbooks of catechism and there by preparing the children ready for examination .The answers of workbooks from Std 3 to 12 should be written in the diaries and must be submitted to the teachers for verification. A special mark will be awarded for completed workbook during the time of examination. I express my whole hearted gratitude to Rev. Sr. Anjana D.M., Sr. Jovitta D.M. (Sister Animator) Mrs. Divya Anie Thomas, Mrs. Renuka Devi V. R. (Teachers, St. Mary’s H S S Pattom) for extending their sincere cooperation in the making of this workbook. Let God Almighty bless us all.

With prayers

Fr. Johnson Puthuparampil
Director
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SUNDAYSCHOOL LESSONS

1ST SEMESTER - LESSONS

Chapters 1 - 10

Workbook

General Knowledge

Prayers

2ND SEMESTER - LESSONS

Chapters 11 - 20

Workbook

General Knowledge

Prayers



Chapter 1

GLORY TO THE MERCIFUL GOD

A. Write the answer in one word.

1. Through whom did God form the community of Israel ?
2. What was the greatest proof of the love and mercy of God, the Father ?
3. Where did Jesus Christ offer himself as a sacrifice on the cross ?
4. By whom is the Church led ?

B. Chose the correct answer from the brackets.

1. What is the name of the people that God prepared to receive the Savior ?
(Israel, Jews, Pharisees)
2. What was the promise of God to save ancestors from their sorrow and sufferings ?
(King, Prophets, Savior)

C. Write the answer in one or two sentences.

1. What is mean by the history of salvation ?
2. How did Jesus Christ transfer God's love and mercy to humans through his public life ?

D. Write the answer in one paragraph.

1. Describe the event when God expelled the first parents from the garden of Eden?

E. Choose the correct .

1. First parents - God so loved the world.
2. To give his only begotten - Israel
3. Abraham - Adam and Eve

F. Write the Bible verse.

Luke .6: 36

Chapter 2

THE CALL OF ABRAHAM

A. Write the answer in one word.

1. Whom did God show mercy by saving him from the flood ?
2. What symbolises the unfinished Tower of Babel ?
3. What was the name of Abraham's father ?

B. Chose the correct answer from the brackets.

1. What was the name of Abraham's wife ?
(Sarah, Rabecca, Rachel)
2. In whose geneolgy does Abraham belong to?
(David, Moses, Noah)
3. "I will make of you a great nation, and I will bless you" to whom did God pronounce this ?
(Moses, Abraham. Noah)

C. Write the answer in one or two sentences.

1. What did men utter each other when they set out to build the tower of Babel ?
2. Describe the experiences of men who set out to build the Tower of Babel ?

D. Write the answer in one paragraph.

1. What were promises God make to Abraham?

E. Choose the correct .

1. Noah - Abraham
2. Babel - Flood
3. Canaan - Shinar

F. Write the Bible verse.

Psalms 145:13

Chapter 3

THE DELIVERANCE FROM EGYPT

A. Write the answer in one word.

1. How were the Kings of Israel known by ?
2. By which name the descendants of Jacob were known ?
3. Whom did God appoint to help Moses ?
4. Where did the people of Israel proceed to escape from famine ?

B. Chose the correct answer from the brackets.

1. Who were the Israelites enslaved in Egypt ?
(Pilates, Pharaoh, Jews)
2. To where did God pronounce to lead the people of Israel ?
(Canaan, Egypt, Judah)
3. How many plagues did God send upon the Egyptians ?
(Eight, Ten, Eleven)

C. Write the answer in one or two sentences.

1. Why were the descendants of Jacob called as the “People of Israel”?
2. Which was the tenth plague that God sent upon the Egyptians?

D. Write the answer in one paragraph.

1. Why did Pharaoh decide to set the Israelites free?

E. Write the Bible verse.

Psalms 18: 19

Chapter 4

THE TEN COMMANDMENTS

A. Write the answer in one word.

1. Which commandments expound us to keep Sunday as holy ?
2. Whom did God call to the mountain and give the ten commandments ?
3. What was the Lord's Day in the Old Testament?

B. Chose the correct answer from the brackets.

1. Where did Moses receive the Ten Commandments from God ?
(Mount Sinai, Mount Tabore, Mount Gogultha)
2. Which is the commandment calls us to respect , honour and protect life ?
(Don't kill, Don't Steal, Respect your parents)
3. Who are known as God's own people ?
(Israelites, Samaritans, Jews)

C. Write the answer in one or two sentences.

1. What does the first commandment teach us ?
2. What is the covenant that God gave to the Israelites at Mount Sinai ?

D. Write the answer in one paragraph.

1. How many commandments did God give through Moses? What are they?

E. Choose the correct

1. Belief in one God - Gift of God
2. Life - to be kept holy
3. The day of the Lord - The first commandment

F. Write the Bible verse

Psalms 18:22

Chapter 5

WORSHIPPING THE CALF

A. Write the answer in one word.

1. By which covenant did Israel become Lord's own people ?
2. Whom did the people of Israel place in God's place ?
3. On which mountain did the glory of the Lord dwell ?

B. Chose the correct answer from the brackets.

1. How many days Moss was spent on Mount Sinai?
(40 days, 20 Days, 30 Days)
2. Who built the altar before the calf ?
(Moses Aaron, the Israelites)
3. Why was God angry with Israelites ?
(Because of unfaithfulness, because of lovelessness, because of of strife)

C. Write the answer in one or two sentences.

1. If they kept the covenant whom did God pronounce Israel to be ?
2. What did the people of Israel say to Aaron when Moses delayed coming down Mount Sinai ?

D. Write the answer in one paragraph.

1. How are the Israelites unfaithful to God ?

E. Write the Bible verse.

Psalms 95:6

Chapter 6

THE PROMISE LAND

A. Write the answer in one word.

1. Who is the successor of Moses ?
2. Who was the last Judge of Israel ?
3. Who is the first King of Israel ?

B. Chose the correct answer from the brackets.

1. How many years did the people of Israel wander in the desert ?
(30 Years, 40 Years, Fifty Years)
2. Under whose leadership did the people of Israel enter the land of Canaan ?
(Moses, Joshua, Samuel)
3. Who did God put in charge of the Tribes of Israel after the death of Joshua ?
(Judges, kings, prophets)

C. Write the answer in one or two sentences.

1. Why did the prophets sent to among the people of Israel ?
2. What happend to Israel after the tenure of King Solomon ?

D. Write the answer in one paragraph.

1. How did God treat the Israelites on their expedition to Canaan ?

E. Write the Bible verse.

Psalms 100:5

Chapter 7

THE COMING OF THE SAVIOUR

A. Write the answer in one word.

1. "A virgin will conceive and bear a son" Whose prophacy was this ?
2. On whose genology the savior Messiah belonged to ?
3. By whose name was Jesus called ?

B. Chose the correct answer from the brackets.

1. In which river Jesus was baptised ?
(In the Jordan river, In the Euphrates river, In the Nile river)
2. Mary and Joseph fled to Egypt with Jesus to escape from whom ?
(Herod, Pilate, Solomon)
3. Where is Jesus' home town ?
(Nazzreth, Galilee, Egypt)

C. Write the answer in one or two sentences.

1. What was God's indication to Jesus at his baptism ?
2. Why was Jesus called Nazarayan ?

D. Write the answer in one paragraph.

1. How did Jesus begin his public life ?

E. Choose the correct .

1. Emmanuel - Baptism of Jesus
2. Messiah - God be with us
3. John the Baptist - The savior

F. Write the Bible verse.

John 1:14

Chapter 8

THE MOST IMPORTANT COMMANDMENTS

A. Write the answer in one word.

1. What parable did Jesus tell in response to the counsel's question ?
2. What is the first and foremost commandment ?
3. Who served as neighbour to the one caught by robber ?

B. Chose the correct answer from the brackets.

1. How many denari did the samaritan give to the innkeeper ?
(Two, Five, Ten)
2. How many commandments did God give to the Israelites ?
(Five, Seven, Ten)

C. Write the answer in one or two sentences.

1. What must be done in the law to inherit eternal life ?
2. How did Jesus love others ?

D. Summarize the incident in the picture



E. Write the Bible verse.

John 13:34

Chapter 9

JESUS, THE GOOD SHEPHERD

A. Write the answer in one word.

1. For whom has the Son of Man come from ?
2. What does the Good Shepherd put forward to the sheep ?
3. Where did the good shepherd leave the sheep when he went in search of the lost sheep ?

B. Chose the correct answer from the brackets.

1. Name the place where there is more joy over repentant sinner ?
(on earth, in heaven, in hell)
2. What did merciful God do to the bring back men who lived in sin ?
(Teach the parable, commandments were given, only begotten was sent)
3. What do we do that separates us from God ?
(sin , anger , lust)

C. Write the answer in one or two sentences.

1. How did the shepherd act when he found the lost sheep ?
2. How the hireling who does not own the sheep act when the wolf comes ?

D. Summarize the incident in the picture.



E. Write the Bible verse.

John 10:11

Chapter 10

THE CONVERSION OF ZACHAEUS

A. Write the answer in one word.

1. What was the job of Zachaeus ?
2. For whom Zachaeus collect the tax?
3. What did Jesus preach during his public life ?

B. Chose the correct answer from the brackets.

1. What town did Zachaeus live in ?
(Jordan, Jericho, Capharnam)
2. What made Zachaeus , who was living a sinful life , decided to see Jesus ?
(of Love, of mercy, of repentance)
3. The kingdom of God is coming near, What was said to be repented and believed ?
(in God, in the Gospel, in the message)

C. Write the answer in one or two sentences.

1. What did Jesus pronounce to Zachaeus when He saw his repentance ?

D. Summarize the incident in the picture.



E. Write the Bible verse.

John 19:9

Chapter 11

THE PARABLE OF THE PRODIGAL SON

A. Write the answer in one word.

1. What did the father do to share the exultation of the prodigal son's return ?
2. What job did the prodigal son get who was in search of some kind of work ?
3. What will God do to those who repent of their mistakes ?

B. Chose the correct answer from the brackets.

1. From whom we will be seperated when committing sin ?
(from father, from the mother, from God)
2. Who said this, 'Father, give me the share of the property that falls to me?'
(the elder don, the younger son, servant)
3. Who is waiting for the sinners to return ?
(Rich man. servant, heavenly father)

C. Write the answer in one or two sentences.

1. How did the father receive the prodigal son his return to home ?

D. Summarize the incident in the picture.



E. Write the Bible verse.

Luke 15:24

Chapter 12

JESUS ABSOLVES SIN

A. Write the answer in one word.

1. Who washed off Jesus' feet and wiped them with hair ?
2. How was the paralytic brought to Jesus ?
3. In Which place did Jesus heal the paralytic ?

B. Chose the correct answer from the brackets.

1. How did the Sinner woman wash off Jesus's feet ?
(With perfume, with water, with tears)
2. At whose house did the sinner woman reach to see Jesus ?
(Simon the pharisee, Zachaeus the publican, Nichodemus)
3. Who was Simon who invited Jesus to dinner ?
(Tax collector, Pharisee, Richman)

C. Write the answer in one or two sentences.

1. How did the sinner woman honor Jesus who came to Simon's house ?
2. What did Jesus pronounce to the sinner woman ?

D. Choose the correct .

1. Sinner woman - take bed and walk
2. Simon - Aromatic ointment
3. Paralytic man - Pharisee

E. Write the Bible verse.

John 20:23

Chapter 13

JESUS, THE BREAD OF LIFE

A. Write the answer in one word.

1. By what means do we partake of body and blood of Jesus ?
2. The purpose of Jesus coming to earth ?
3. Who is the bread of life that come down from heaven ?

B. Chose the correct answer from the brackets.

1. What a person becomes to Jesus through the reception of Holy communion ?
(in love, associate with jesus , in faith)
2. What did the boy in the crowd have in his hand?
(5 barley loaves and 2 fish, 5 barley loaves and 5 fish,
7 barley loaves and 2 fish)
3. As the body needs food..... also needs food
(For the soul, eternal life, the heart)

C. Write the answer in one or two sentences.

1. How does a person come into associate with Jesus ?
2. What did Jesus do for the hungry people when he was teaching them ?

D. Write the answer in one paragraph.

1. Describe what did Jesus pronounce about the bread of life ?

E. Write the Bible verse.

John 6:51

Chapter 14

THE HOLY EUCHARIST

A. Write the answer in one word.

1. Where was Jesus last passover?
2. What did Jesus command his disciples after instituting the Holy Eucharist ?
3. Why did Jesus shed his body and blood ?

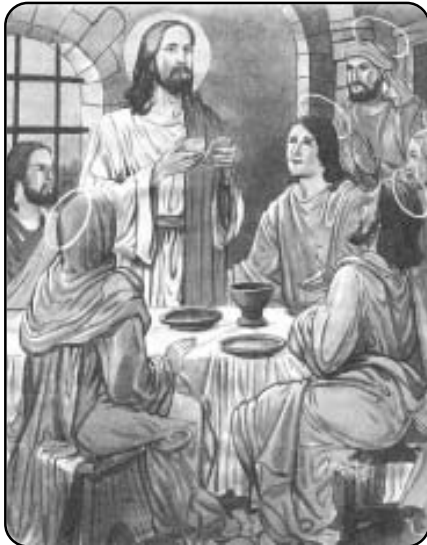
B. Chose the correct answer from the brackets.

1. Who washed off the feet of the disciples ?
(Kings, Prophets, Jesus)
2. What does one receive at the Eucharist ?
(EternalLife, Heaven, Kingdom of God)
3. In which sacraments will Jesus's presence continue till the end of the world?
(Baptism, Holy Qurbono, Marriage)

C. Write the answer in one or two sentences.

1. How did Jesus institute the Holy Qurbono?
2. How does one obtain eternal life ?

D. Summarize the incident in the picture.



E. Write the Bible verse.

1 Cori. 16:26

Chapter 15

THE SACRAMENTS

A. Write the answer in one word.

1. What does the word sacrament mean ?
2. Which is the sacrament that sanctifies us completely and make us children of God ?
3. What do we lose when the first parents committed the sin ?

B. Chose the correct answer from the brackets.

1. What are the sacraments ?
(Six, Seven, Eight)
2. Which sacrament makes one confirms a person in faith, as perfect Christian and a soldier of Christ ?
(Baptism, Mooron, Confession)
3. Through which sacrament God sanctifies one when consecrates himself to priestly ministry ?
(Holy Qurbono, Confession, Sacred Prders)

C. Write the answer in one or two sentences.

1. What is Baptism ?
2. What we commemorate in Holy Qurbono ?

D. Write the answer in one paragraph.

1. What is sacraments ? Which are they ?

E. Choose the correct .

1. Mooron - Healing from sickness
2. Confession - Soldier of Christ
3. Anointing of the sick - Forgiveness of sins

F. Write the Bible verse.

Psalms 51:7

Chapter 16

THE SACRAMENT OF INITIATION

A. Write the answer in one word.

1. Through which sacrament one cleansed by the Holy Spirit and released of our original sin ??
2. How to confirm the holy spirit received through Baptism ?
3. Which sacrament is essential in order to perfect the grace , one received in baptism and Mooron ?

B. Chose the correct answer from the brackets.

1. When does one become a partaker in the Christian Life ?
(When taking the name of Jesus, when partaking of the blood and body of Jesus, when following Jesus)
2. Through which sacrament one enters the christian life and becomes a member of the Church ?
(Sacraments of initiation, Sacred Orders, Marriage)
3. What is the state of a person's lack of divine life called ?
(Mortal sin, Original sin, Venial sin)

C. Write the answer in one or two sentences.

1. Which sacraments are received only once ?
2. What do we acquire through the Holy Qurbono?

D. Write the answer in one paragraph.

1. Which are the sacrament of initiation? Explain ?

E. Write the meaning of the word

Baptism

F. Write the Bible verse.

1 Peter 1:15

Chapter 17

SIN

A. Write the answer in one word.

1. What is the rejection of love ?
2. What is the synopsis of the Ten commandments?
3. What is the sin that one commit when he is old enough to distinguish between good and evil ?

B. Chose the correct answer from the brackets.

1. How is actual sin divided into ?
(Two, Three, Four)
2. The sins we have committed are absolved through which sacrament?
(Confession, Holy Qurbono, Baptism)

C. Write the answer in one or two sentences.

1. What is original sin ?

D. Write the answer in one paragraph.

1. What is a sin ? How is it divided into ? Explain ?

E. Write the Bible verse.

Psalms 51: 1

Chapter 18

CONFESSION

A. Write the answer in one word.

1. Why is it necessary to confess often and receive the Holy Eucharist regularly ?
2. What the sacrament was instituted to bring man back to God who had gone away from God due to sin ?
3. To whom did Jesus give authority to forgive sins ?

B. Chose the correct answer from the brackets.

1. Through whom is Jesus' authority to forgive sin in the church continuing today ?
(through kings, Prophets, Priests)
2. What is the sacrament of Reconciliation ?
(Confession, Holy Eucharist, Baptism)
3. Who is the representative of Christ and the Church ?
(Priest, Servants, Bishop)

C. Write the answer in one or two sentences.

1. By confession one is reconciled to whom ?
2. Which the divine gifts are received through confession ?

D. Write the answer in one paragraph.

1. What does Jesus pronounce about the reconciliation with one's brother at the Sermon on the Mount ?

E. Write the Bible verse.

Sirach 17:24

Chapter 19

MY RECEPTION OF SACRAMENT OF RECONCILIATION

A. Write the answer in one word.

1. What does a person get specifically from the confession ?
2. What is the heartfelt sorrow that one feel after committing a wrong ?
3. What is the basis of repentence ?

B. Chose the correct answer from the brackets.

1. What is the venue of forgiveness?
(Sacrament of Reconciliation, Confession, Resolution)
2. What is the most important factor for a good confession ?
(Repentance, Confession, Resolution)

C. Write the answer in one or two sentences.

1. What is confession ?
2. What is basic the requirements for a good confession ?

D. Write the answer in one paragraph.

1. Write the prayer act of contrition .
2. Write the prayer Maudyonuso.

Chapter 20

MY RECEPTION OF HOLY COMMUNION

A. Write the answer in one word.

1. What is Holy Qurbono ?
2. How many Divine virtues are there ?
3. Which things to be kept in mind while receiving Jesus ?

B. Write the answer in one or two sentences.

1. What did the Priest say when sacred species are distributed to the faithful in the Malankara Church?
2. How many are the constituent elements of worship ? Which are they?

C. Write the Bible verse.

John 6:56