

CATECHISM  
OF THE  
MALANKARA  
CATHOLIC  
CHURCH



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St. Thomas  
The Apostle of India

M.C.B.C. COMMISSION FOR CATECHESIS, SANTHINILAYAM, TIRUVALLA.

# GLORY TO GOD



1

MALANKARA CATHOLIC CATECHISM



**MALANKARA CATHOLIC CATECHISM**

# **GLORY TO GOD**

**STANDARD - 1**



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**M.C.B.C. Commission for Catechesis  
Santhinilayam, Tiruvalla – 689 101**



Imprimatur : + MOST REV. CYRIL MAR BASELIOS  
Metropolitan Archbishop of Trivandrum

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**GLORY TO GOD**

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## FOREWORD

We praise the Lord for granting us His Grace to bring out a catechism text of our own for our Malankara Catholic Church. Indeed it is a unique moment in which a long cherished dream of the Church finds accomplishment. Let us be truly thankful to the Lord for these great blessings.

We have received in Jesus Christ the fullness of God's self-communication revealed invisibly in the Old Testament and visibly in the New Testament right from the creation of the universe especially that of Man. The story of revelation is the story of salvation. The core of catechism is this story of revelation and salvation. Through the Holy Spirit this story of salvation continues today in and through the Church. For us this salvation becomes a living experimental reality through the life and mission of the Malankara Catholic Church. Therefore the story of salvation and the patrimony or the venerable tradition of the Malankara Catholic Church become the fundamental sources for the Malankara Catechism. Thus our Catechism is founded on the Salvation History and the venerable patrimony of the Malankara Church.

I pray that this Catechism becomes a new force in the growth of the Malankara Catholic Church and I earnestly advise the faithful to receive this catechism and promote the progress of the Church.

My thoughts particularly are turned towards our faithful outside the canonical ecclesiastical territory, which we call for convenience Extra-Territorial Region (ETR). I appreciate the endeavour of Rev. Dr. John Berchmans OIC, the Co-ordinator of the ETR in India for the English catechism books he has prepared. Through the present texts we intend to bring all our texts into a unified series. Our children will learn our Catholic faith through our venerable tradition and they will become true sons and daughters of our Church. It is my hope that our new generation take legitimate pride in their patrimony and place in our Church and find their legitimate role in the universal Church. We know that the strength of our faithful is the strength of our local and universal Church.

Once again I express our sincere appreciation for this unique achievement. Our sincere thanks is due to Most Rev. Thomas Mar Koorilos, the Chairman of our Catechetical Commission and Rev. Dr. Antony Kakkannatt, the Secretary of the Commission. God bless them and all those who have collaborated with them in this noble mission.

*+ Mar Baselios*

Cyril Mar Baselios  
Metropolitan Archbishop of Trivandrum

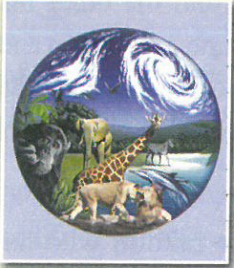


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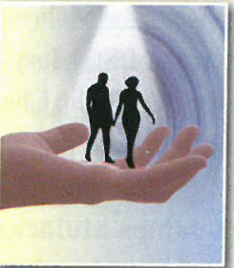
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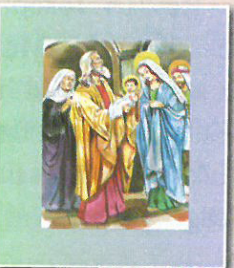
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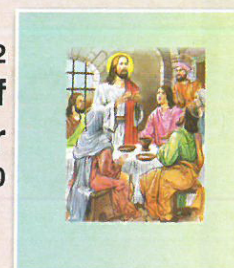
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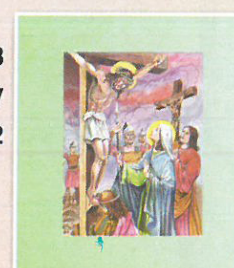
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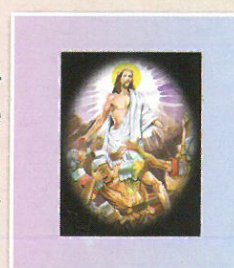
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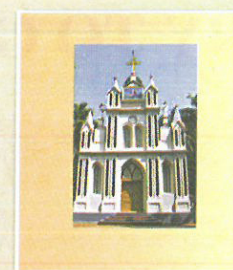
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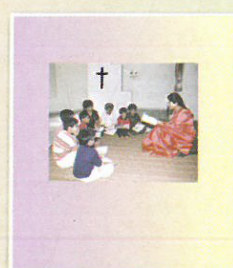
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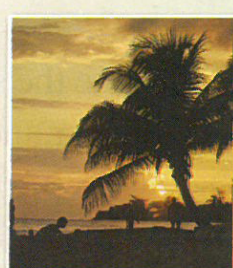
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# GLORY TO GOD



Let us make the sign of the Cross and pray.  
 Glory be to the Father and to the Son and to the Holy Spirit.  
 As it was in the beginning, is now and ever  
 shall be world without end. Amen.

The Cross is the sign of love.  
 The Cross is the sign of salvation.  
 There is only one God.  
 But there are three Persons in the Godhead:  
 the Father, the Son and the Holy Spirit .

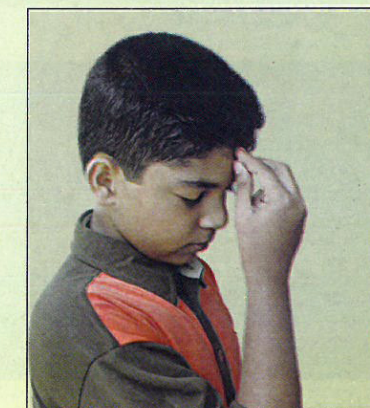
## Let us Pray

"Glory be to the Father and to the Son and to  
 the Holy Spirit.  
 As it was in the beginning, is now and ever  
 shall be world without end. Amen".



## Let us Do

When I pray, I will make the sign  
 of the Cross attentively and  
 devoutly.



## Let us Sing

Isn't the Cross the golden sign  
 Of God's tender divine life?  
 Isn't the Cross the sign beloved  
 That guides our way all through life?  
 We ought, hence, worship the Cross  
 And with respect honour it.

## Let us Memorise

"God is Love".  
 (1 John 4:8)





# GOD CREATED ALL THINGS



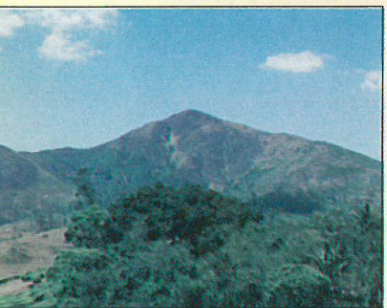
Light



The sun



The moon



The mountains



The earth and the sea



See,  
How beautiful is the creation of God!  
**God created me,**  
**God created all things.**  
God loves me.  
I love all things God loves.  
All my days I will pray to God, the Creator.

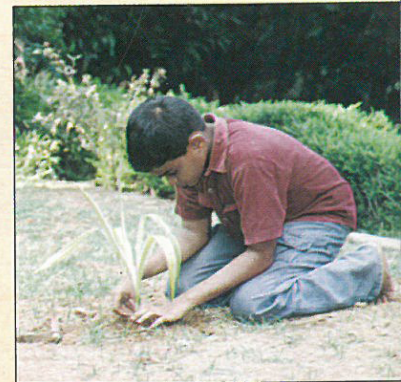
## Let us Pray

"Glory to you, O God.  
Glory to you, O Creator.  
Glory to you, Christ the King,  
Who have compassion on your sinful servants".



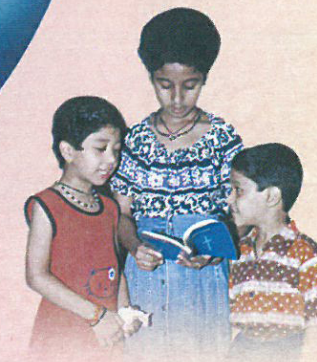
## Let us Do

I shall plant a seedling  
in my garden.



## Let us Sing

Behold! The beauty of nature – which is  
Created by God, our Father.  
The forest that yields fruits and flowers –  
through which  
Flow singing rivers and rivulets.  
Deer and peacock and cuckoos – we see  
Cornfields, whose ears are dancing.  
How compassionate is God, the – Father  
Who kindly has given all these!



## Let us Memorise

"In the beginning God created the  
heavens and the earth".  
(Genesis 1:1)





## GOD CREATED MAN



God created me.  
 God created my father and mother,  
 brother and sister and my friends.  
 God created us all  
 Oh! how beautiful is this .  
 In the beginning God created Adam and Eve.



Adam is the first man and Eve the first woman.  
 God placed them in the garden of Eden.  
 They lived there happily.

### Let us Pray

"Glory to you, O God the Father, for You are  
 our Creator and Protector".



### Let us Sing

Who had created Adam on this earth?  
 Of course! the immortal, almighty God.  
 And who had created Eve on this earth?  
 Of course! God, who is the source of mercy.  
 Who then, has created us on this earth?  
 Indeed! God, who is the lamp of goodness.



### Let us Do

I will love my father and mother.

### Let us Memorise

Then God said: "Let us make humankind in our  
 image, according to our likeness".  
 (Genesis 1: 26)



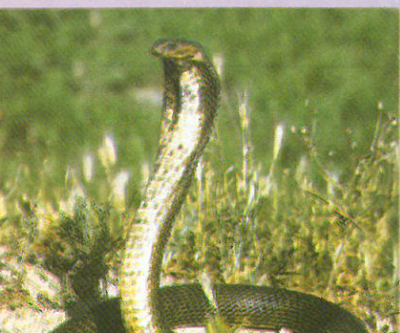


# GOD, THE FATHER OF ALL



God created all things:  
Vegetation and plants,  
Flowers of all hues,  
The birds of the air,  
The beasts of the earth,  
Everything that creeps upon the ground.  
In the end He made man as the crown of  
creation.

**God is the Father of all of us.  
He is our Father in heaven.**



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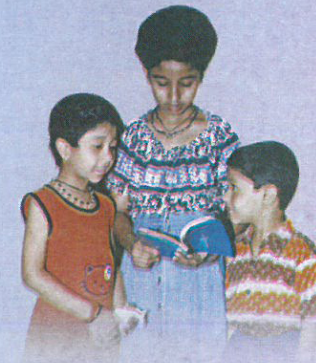
## Let us Pray

"Our Father in heaven,  
holy be your name.  
Your kingdom come.  
Your will be done on  
earth as it is in heaven".



## Let us Do

I will love all that God created.



## Let us Sing

Father, who dwells in heaven above –  
kindly  
Show us the right path at all times.  
Each day we bless you and praise you –  
Father,  
Who in his love did create us.

## Let us Memorise

"See what love the Father has given us".  
(1 John 3:1)





# GOD PROVIDES FOR ALL



My father and mother give me all I need,  
 Father and mother take care of me.  
 They put me to sleep by their side.  
 They send me to school,  
 How greatly do they love me!  
**God is the Father of all. He provides for all.**



God takes care of me and my parents,  
 my brothers and sisters, too.  
 He saves us from peril, and cures us  
 of our ailments.  
 His love for us knows no bounds.



## Let us Pray

"Give us this day our daily bread and  
 forgive us our sins as we have forgiven  
 those who have sinned against us.  
 And lead us not into temptation.  
 But deliver us from the evil one.  
 For the kingdom, the power and the glory are  
 yours, now and forever. Amen".



## Let us Sing

Just as the hen, under her wings  
 Gathers all her chicks most safely  
 Eternal and Almighty God  
 Protects men from every danger.



## Let us Do

I shall remember my parents in the  
*ramsho* (evening prayers) and  
 praise God for them.

## Let us Memorise

"Guard me as the apple of the eye; hide  
 me in the shadow of your wings".  
 (Psalm 17:8)





# GOD IS PRESENT EVERYWHERE



There are many things I can see —plants, flowers, birds, beasts, human beings, house, rivers, the sea, the earth, the sun, the moon and the stars. But there are things I cannot see with my eyes. I cannot see God, for He has no bodily form.

God is present everywhere – the earth, the sea, the heavens. He is present at home, on the play-ground and, in a word, He is omnipresent.

God knows all. God sees all.  
I am always in God's presence.

## Let us Pray

"Holy, holy, holy Lord, God Almighty,  
Heaven and earth are full of your glory,  
Hosanna in the highest".



## Let us Sing

God is ever present in heaven and on earth  
And he is present before and behind  
God is present in flowers and in worms  
And he is present in flower gardens



## Let us Do

I will always remember that  
God is present everywhere;  
and I will conduct myself  
accordingly.

## Let us Memorise

"The work of the Lord is full of his glory".  
(Sirach 42:16)





# CHRISTMAS



**God became man.**

**Christ is the God who became man.**

Christ was born in a manger in the city of Bethlehem.

**Christmas is the nativity of Christ.**

Christ is the Second Person of the Holy Trinity.



## Let us Pray

"Bless us O Lord, who was born an infant for our sake".



## Let us Sing

(Thalamurakal Thorum....)

"Through all generations, the feast of Christmas

Is celebrated with full gaiety.

This festal day is indeed blessed!

For God's only Son, is born this day".

(Order of the Service of Yaldo)



## Let us Do

At Christmas I shall give a gift to a poor child.

## Let us Memorise

"Glory to God in the highest heaven, and on earth peace among those whom he favours!"

(Luke 2:14)





## THE MOTHER OF JESUS



Once the angel Gabriel came to a town in Galilee named Nazareth, to a virgin, Mary by name. He said to her:

“Hail Mary, full of grace, the Lord is with you. You have found favour with God. And behold, you will conceive in your womb and bear a son, and you shall call His name Jesus”.



Then Mary said: “Behold, I am the handmaid of the Lord; Let it be to me according to your word.”

Mary, the holy virgin, gave birth to Jesus Christ, the Son of God.

The Virgin Mary, therefore, is Mother of Jesus, the Son of God. She is my mother, too.



### Let us Pray

"Peace to you Mary, full of Grace, the Lord is with you.

Blessed are you among women

And blessed is the fruit of your womb, our Lord Jesus Christ.

Holy Mary, Virgin Mother of God, pray for us sinners now and always and at the hour of our death. Amen".



### Let us Sing

(Daiva Jananee..)

"O Mother of God

Blessed of virgins;

We commemorate you

With sweet fragrance forever;

By your prayers O! Mother

All-pervading peace on earth

Good will in his holy Church;

Let them reign, we plead unto you".

(Order of the Malankara Qurbono)



### Let us Do

In the hour of my need I will rely on the intercession of the holy Mother.

### Let us Memorise

“Here am I, the servant of the Lord; let it be with me according to your word”.

(Luke 1:38)





## JESUS IS PRESENTED IN THE TEMPLE



At the end of forty days after Christ's birth, His mother Mary and foster father Joseph presented Him to the Lord in the Temple and offered, according to what is said in the law of the Lord, a pair of turtle – doves or two young pigeons (Luke 2:22-24) .

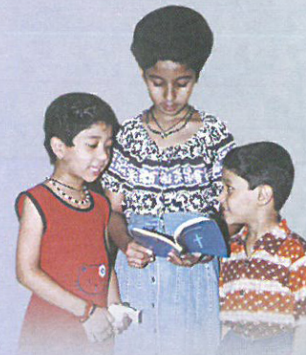


Likewise, once, my parents presented me, too, in the church in a special manner. That was when I was administered the sacrament of baptism.

Jesus spent His early days in Nazareth. There He was obedient to His parents. And Jesus increased in wisdom and in years, and in divine and human favour (Luke 2:52). I, too, shall be obedient to my parents. I shall respect them.

### Let us Pray

"We offer to you, O Lord, all the Holy Qurbonos, prayers and virtuous acts performed in the Holy Catholic Church today".



### Let us Sing

(Velivu niranjoreeso..)

"Be pleased with these gifts that we offer to your grace,  
Bread and wine we offer graciously accept them;  
Just as you in olden days  
Accepted from Malchisedeck".

(Order of the Malankara Qurbono)



### Let us Do

I shall make proper offerings and vows when I go to the church.

### Let us Memorise

"I will come into your house with burnt offerings;  
I will pay you my vows".  
(Psalm 66:13)





## JESUS IN THE MIDST OF CHILDREN



Jesus loved children.  
Mothers brought children to Jesus that He might lay His hands  
on them and pray.  
His disciples rebuked them.



Seeing this Jesus said: "Let the children come to me, and do not  
hinder them. For to such belongs the Kingdom of Heaven".

So they went to Jesus. He laid His hands on them and thereby  
blessed them. Jesus loves me and blesses me too.



### Let us Pray

"Have mercy on us, O Lord.  
Have pity and mercy on us, O Lord.  
Receive our services and prayers and  
have mercy on us, O Lord".



### Let us Sing

Golden infant, little lamb  
You are the playmate of children.  
Golden infant, you wipe out  
All our grief of life on earth.  
Golden infant, Son of God  
You enhance love on this earth.

### Let us Do

I will grow as a child pleasing  
to Jesus.

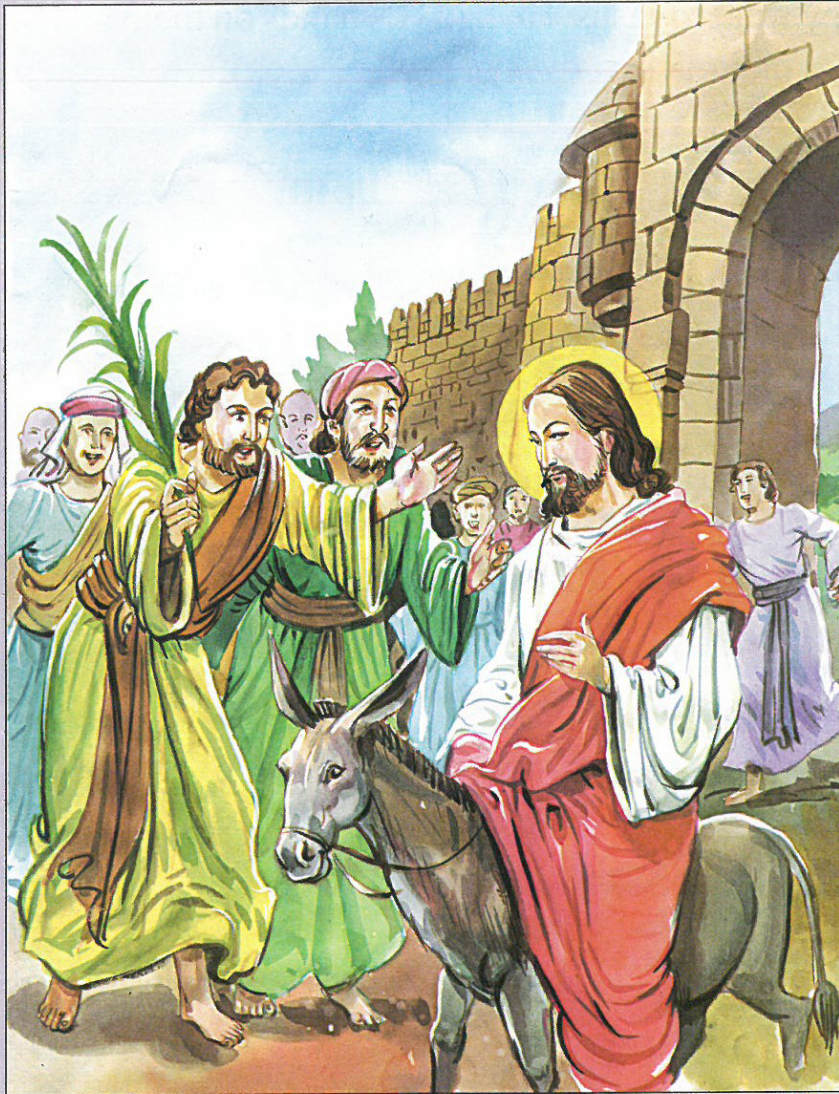
### Let us Memorise

"Let the little children come to me, and do not stop  
them; for it is to such as these  
that the Kingdom of Heaven belongs".  
(Matthew 19:14)





# HOSANNA



Once Jesus, mounted upon a colt, was going over to the Temple of Jerusalem. Then, on the way, **both the children and people cried out, "Hosanna"**. Waving leafy branches, they followed him. **Palm Sunday is the memorial of this event in the life of Christ.**



On Palm Sunday, I too, shall hold aloft the palm leaves in the church and praise Jesus.

## Let us Pray

"Blessed is he who has come and who is to come in the name of the Lord.  
Hosanna in the highest".



## Let us Sing

(Osana mel melil..)

"Hosanna in the highest,  
Hosanna to David's son now and forever,  
Let him be blessed, who comes now in the name of God  
Hosanna in the highest".

(Order of the Service of Palm Sunday)

## Let us Do

On Palm Sunday, I shall glean flowers and take them to the church and sing "Hosanna" to Jesus.



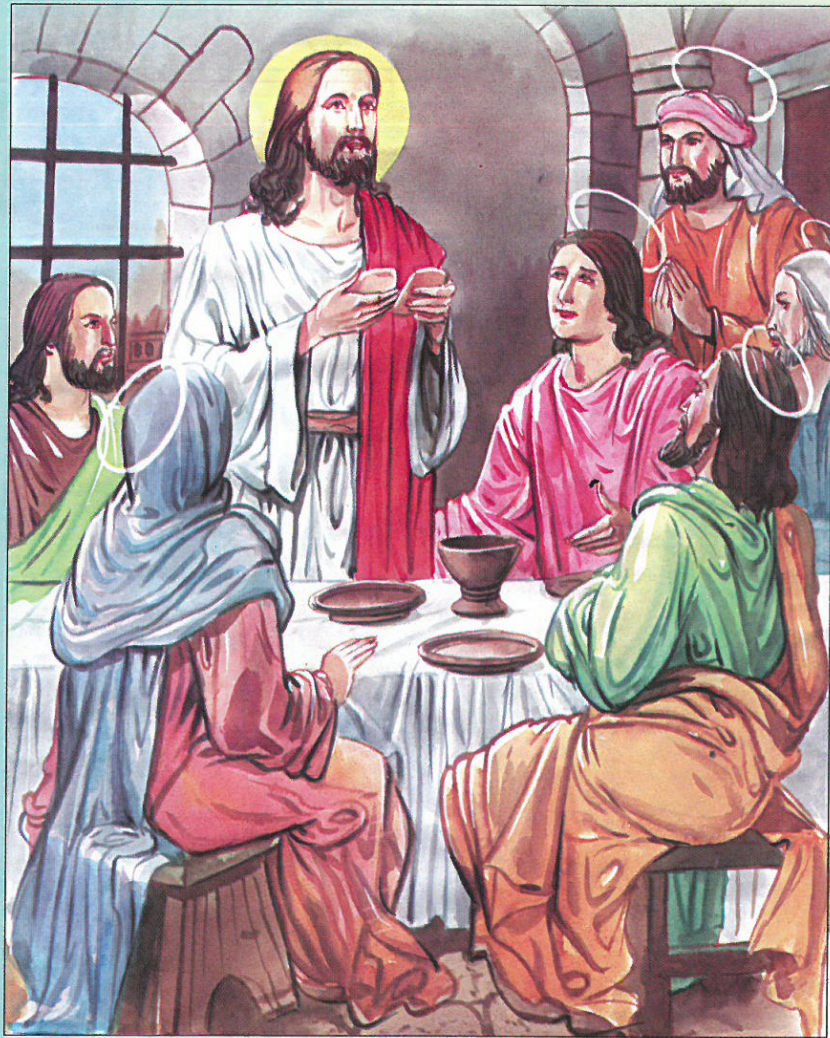
## Let us Memorise

"Hosanna! Blessed is the one who comes in the name of the Lord!".  
(Mark 11:9)





## THE FEAST OF THE PASSOVER



Once Jesus sat with His disciples for supper. It was the Last Supper. It was the Feast of the Passover or unleavened bread. He took bread, blessed it, broke it and gave it to His disciples, saying:

“**This is My Body**”. Then He took the cup and said: “**This is My Blood**”. The Last Supper is commemorated in the Holy Qurbano.



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Maundy Thursday celebrates the Feast of the Passover. On that day all the faithful go to the church and participate in the Holy Qurbano. Following it, they go home and share the Passover bread.



### Let us Sing

(M'seeha tava pesahayal mun...)  
"Messiah, through your Passover  
You wiped out the old  
Paschal lamb by means  
Of your new Pasch now  
Make us happy and grant mercy".  
(Kaumo of Maundy Thursday)

**Let us Memorise**  
"I am the Bread of Life".  
(John 6:48)



### Let us Pray

"Our Lord and our God, we bow our heads  
before you".

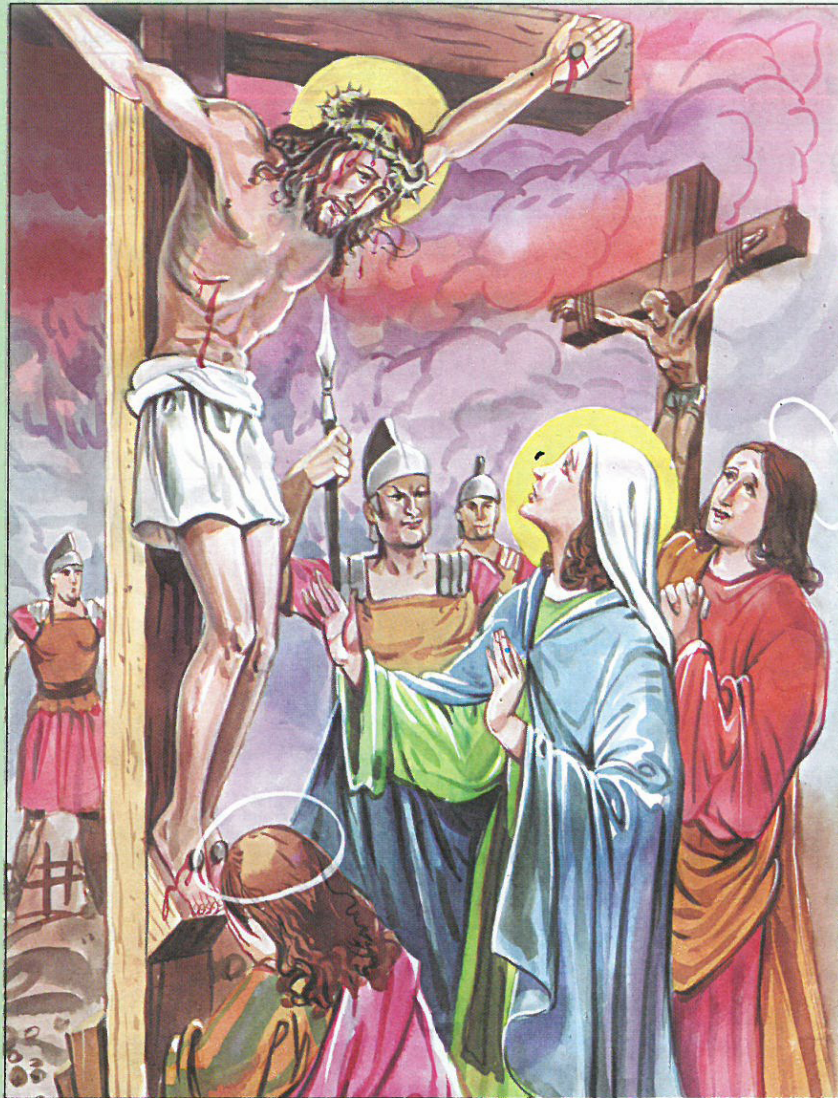


### Let us Do

I shall participate in the Holy Qurbano  
devoutly.



## GOOD FRIDAY



Jesus loved all people. But some crucified Him. Upon the Cross, He yielded up His spirit and prayed for those who nailed Him on the Cross. **Good Friday is the day that celebrates Christ's death on the Cross.**

Jesus died on the Cross for the salvation of all **mankind**. Upon the Cross, He suffered agony. When I am beset with woes, I shall trust in the Lord Jesus.



### Let us Pray

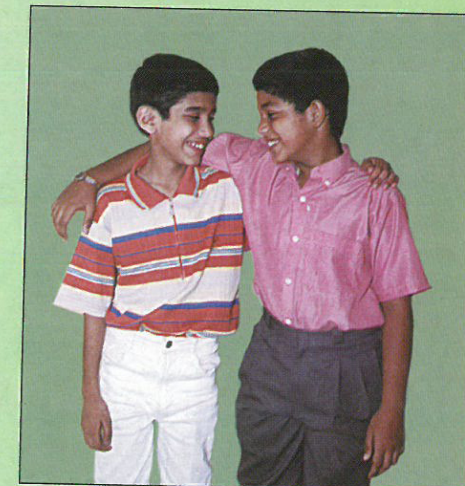
"You, who were crucified for us, have mercy on us".



### Let us Sing

(Hasayal pizha..)

"Messiah, who wiped out our sins  
By your redemptive Pasch  
We do pray you now  
Accept this service  
And grant your mercy to us".  
(Kaumo of the Holy Week)



### Let us Do

I will love those who have hurt me.



### Let us Memorise

"Father, forgive them; for they do not know what they are doing".  
(Luke 23:34)



# THE RESURRECTION



The third day after Jesus' death was Sunday. At the dawn of the day two women went to the sepulchre. An angel of the Lord told them of Jesus' resurrection. His disciples, too, visited the tomb and found it empty.



Easter is the day that celebrates Jesus' resurrection after His death. Easter is the greatest of all feasts in the Church. At Easter, we all go to the church and celebrate His resurrection.



## Let us Pray

"We believe and confess that the Lord Jesus Christ has truly risen".



## Let us Sing

(M'seeha Jeevichezhunnettu..)

"The Messiah rose up from his grave  
And his guards were put to shame;  
His beloved Church in great joy  
Blesses her most beloved spouse".

(Season of Qyomto : Morning Prayer)

## Let us Do

Every Sunday I will go  
to church and  
participate in the Holy  
Qurbano devoutly.



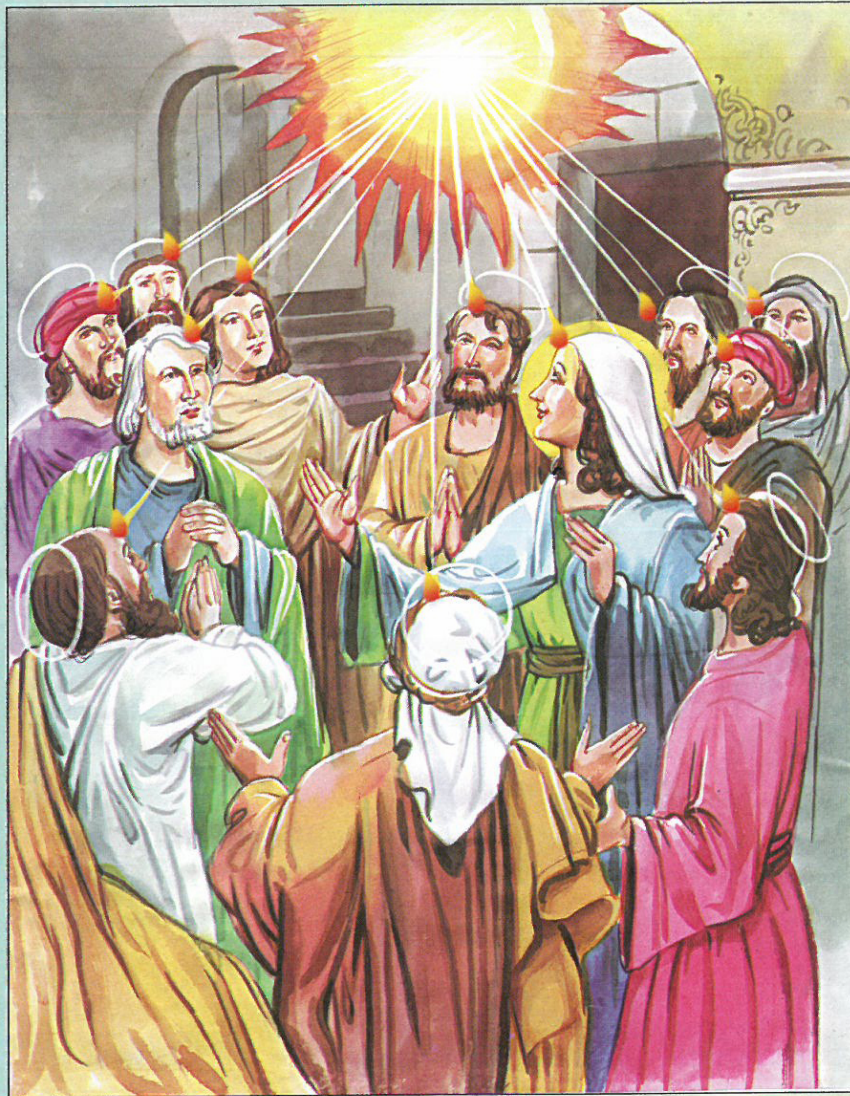
## Let us Memorise

"He is not here, but has risen".  
(Luke 24:5)





# THE DAY OF THE PENTECOST



On the fortieth day after the resurrection Jesus ascended into heaven. He had promised that He would send the Paraclete upon His disciples. **On the fiftieth day following the resurrection, the Holy Spirit descended upon them.**

This day is known as the Day of the Pentecost. The Apostles were filled with the Holy Spirit and they received strength spiritually. **The Holy Spirit is the third person of the Holy Trinity.**



## Let us Sing

(Kartave Krupa cheyyaname...)  
"With true knowledge and wisdom  
We ought sing praises to him  
Who exists as one true God  
Father, Son and Holy Ghost".  
(Prayer of Suthara)

## Let us Memorise

"Do you not know that you are  
God's Temple?"  
(1 Corinthians 3:16)



## Let us Pray

"O Lord, the Holy Spirit, make  
us your dwelling place".



## Let us Do

I will daily pray for the grace of the  
Holy Spirit.





## MY CHURCH



The Church is the house wherein God dwells.  
The house of God is holy.

There, the faithful worship God and pray to Him.  
Jesus went to the Temple together with His parents.  
He attended the Feasts and prayers in the Temple.



I will enter the house of God with reverence;  
I will devoutly participate in the prayers and  
in the Holy Qurbano.

### Let us Pray

"Holy are you, O God  
Holy are you, the strong  
Holy are you, the deathless".



### Let us Sing

(Velivu Niranjoreeso...)

"In your church O Lord of heaven  
behold! I enter,  
And I stand worshipping before your  
heavenly throne;  
Wipe away my every sin,  
Absolving all transgressions".  
(Order of the Malankara Qurbano)



### Let us Do

I shall remove my footwear  
before I enter the Church.

### Let us Memorise

"I shall dwell in the house of the Lord my  
whole life long".  
(Psalm 23:6)





# MY HOME



How I like my home! Father and mother, brothers and sisters, grandpa and grandma live in my house. When they are all at home, how pleasant it is!

**It is God who has given me all of them.  
Glory to You, O God.**

Jesus, too, grew up in a family. It is called the Holy Family.

## Let us Pray

"Bless, O Lord, our parents, brothers, sisters and kin, teachers, friends and all those who have done us good in any manner".



## Let us Sing

All birds have their nests to rest  
So too, squirrels have their holes;  
I have my house to dwell in,  
Almighty God gave them all.



## Let us Do

I will help out my parents in their domestic chores.

## Let us Memorise

"How very good and pleasant it is when kindred live together in unity!".  
(Psalm 133:1)





# MY SCHOOL



I like my school very much.  
I have many friends and teachers at the school.

The boy Jesus had respected His teachers and learned from them.

**We, too, should respect our teachers, learn our lessons well and love our friends.**

Glory to God who has given me good teachers and friends at the school.



**Let us Pray**  
"O Lord, bestow on me wisdom, knowledge and patience".



## Let us Sing

Beloved ones, that we do have  
Garden, which imparts knowledge  
Which does dispel ignorance  
And which fills us with wisdom.  
There are good teachers in it,  
Who will teach us all good things.  
My master's words I obey  
And I cherish him always.



**Let us Do**  
I shall help out my friends always  
and not hurt them.

**Let us Memorise**  
"The fear of the Lord is the  
beginning of wisdom".  
(Proverbs 9:10)





# MY SUNDAY SCHOOL



Sunday School is held in our parish on Sundays and  
there we learn lessons in religion.  
All of us should attend Sunday School.  
There, teachers instruct us on religion.  
We should obey them and respect them.

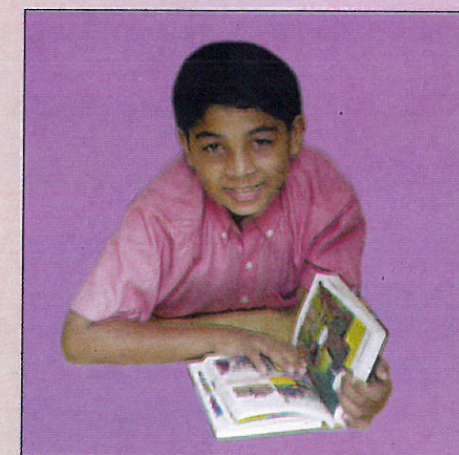
**I will learn my lessons in religion attentively and grow  
up as a child of God.**

**By doing good to all, I will grow up as a good child.**

**Let us Pray**  
"Give me, O Lord, everything that is good for the  
salvation of my life".



**Let us Sing**  
O come all you, O come all you  
Friends, to the Religion Class;  
So that you hear, so that you speak  
And do all good things.  
O come all you, O come all you  
Friends, to the Religion Class;  
Be you humble, win you victory  
And be good children.



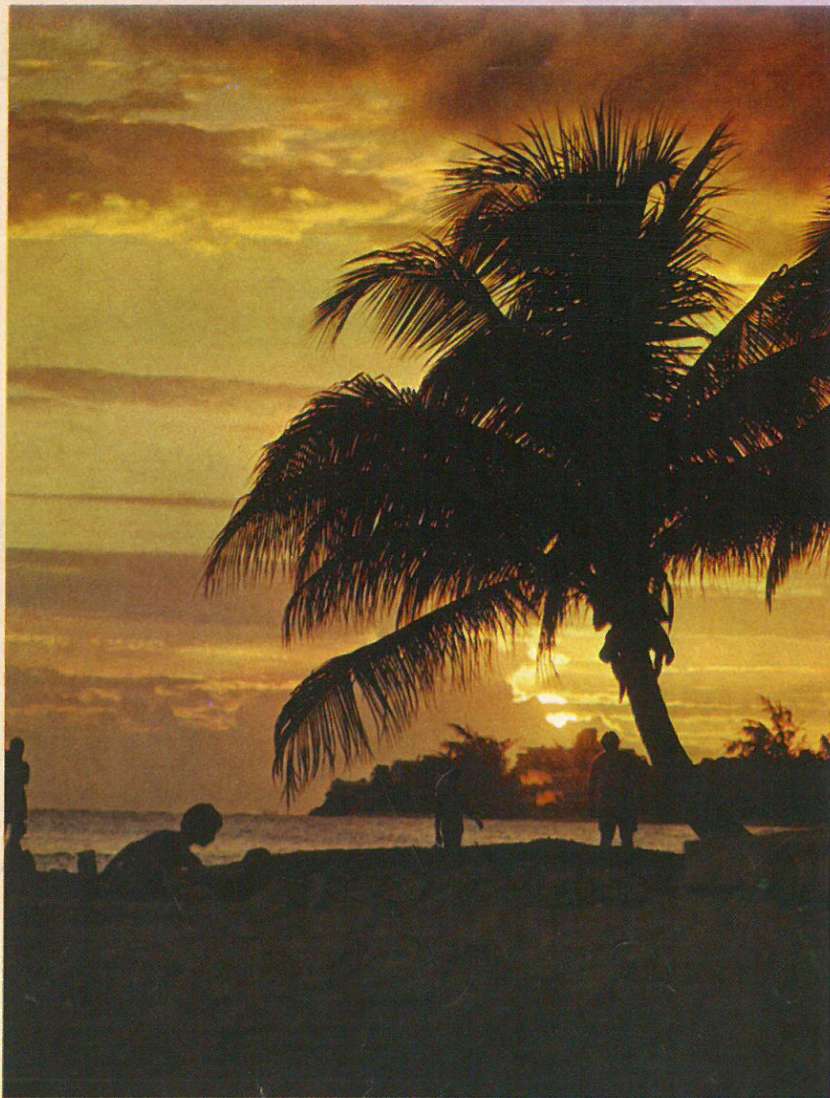
**Let us Do**  
I shall learn my lessons of  
religion attentively.

**Let us Memorise**  
"For what will it profit them if they gain the whole  
world but forfeit their life".  
(Matthew 16:26)





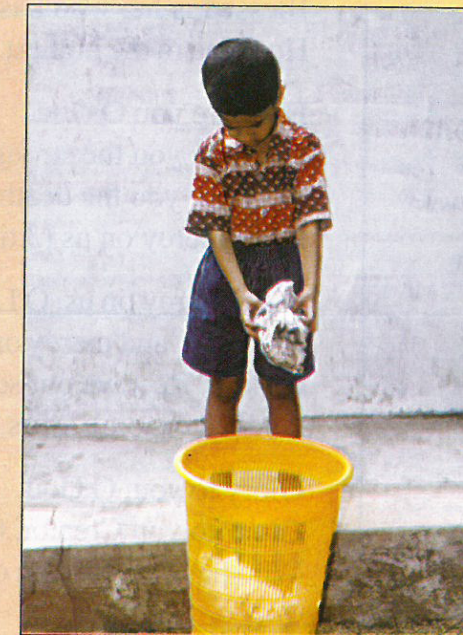
## MY COUNTRY



I should love my country.  
All those who are living in my country are my brothers and sisters.  
I must respect and love them all.  
I must work hard for the development of my Motherland.  
This country of my birth is a great gift of God.  
Glory to you, O God.

### Let us Pray

"O Lord God, bless our country and all its people".



### Let us Do

I will keep clean the streets and public places.

### Let us Memorise

"Lord, you were favourable to your land".  
(Psalm 85:1)





## THE KAUMA PRAYER

**In the name of the one true God, Father, Son, and the Holy Spirit. Amen.**

Holy, holy, holy, Lord Almighty. Heaven and earth are full of your glory.  
Hosanna in the highest.

Blessed is he, who has come and is to come in the name of the Lord.  
Hosanna in the highest.

Holy are you O God.

Holy are you the strong.

Holy are you the deathless, who were crucified (+) for us,  
Have mercy on us (3 times).

Have mercy on us, O Lord.

Have pity and mercy on us,

O Lord. Receive our services and prayers

And have mercy on us, O Lord.

Glory to you, O God.

Glory to you Creator. Glory to you Christ the King,  
Who has compassion on his sinful servants. Barekmor.

### Lord's Prayer

Our Father in heaven, holy be your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our sins as we have forgiven those who have sinned against us. And lead us not into temptation. But deliver us from the evil one. For the kingdom, the power and the glory are yours, now and forever. Amen.

Peace to you Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb our Lord Jesus Christ. Holy Mary, Virgin Mother of God, pray for us sinners now and always and at the hour of our death. Amen.

